Department	International College of Liberal Arts		
Semester	Fall 2025	Year Offered (Odd/Even/Every Year)	Every Year
Course Number	PSYC100		
Course Title	Introduction to Psychology		
Prerequisites	None		
Course Instructor	TSUDA Ayano	Year Available (Grade Level)	1
Subject Area	Psychology	Number of Credits	3
Class Style	Lecture	Language of instruction	English

(NOTE 1) Depending on the class size and the capacity of the facility, we may not be able to accommodate all students who wish to register for the course

Course Description	Introduction to Psychology provides an overview of the scientific study of the mind, brain, and behavior. Students will explore the history, major theories, and empirical studies that have shaped our understanding of human behavior. Topics include the biological basis of behavior, perception, learning, memory, emotion, motivation, personality, social interaction, and abnormal behavior (including diagnosis and treatment of mental disorders). All exam content is drawn directly from the lecture materials.
Class plan based on course evaluation from previous academic year	Each chapter will follow a structured format covering oHistory: Background and development of the topic. oMajor Theories: Core concepts and frameworks. oEmpirical Studies/Experiments: Key research and experiments that contributed to current understanding. oPractical Examples: Real-world applications and examples. oQuiz: A short quiz at the end of each chapter to reinforce learning.
Course related to the instructor's practical experience (Summary of experience)	Not applicable
Learning Goals	The goal of this course is to provide students with a broad overview of the field of psychology and to introduce them to the major theories, concepts, and research methods used in the study of the mind and behavior. It includes: (1)To familiarize students with the different branches of psychology and the major theories and concepts within each branch (2)To provide students with an understanding of the scientific method and how it is used to study psychological phenomena (3)To introduce students to the practical applications of psychology, including how psychological principles and research can be used to improve people's lives and solve real-world problems (4)To enhance students' written scientific communication skills, enabling them to effectively convey complex psychological concepts, research findings, and theoretical analyses in a clear, coherent, and academically rigorous manner. (5)To instill a strong understanding of moral and ethical values in psychology, ensuring students recognize the importance of ethical conduct in research and practice, respect for individual differences and diversity, and the application of psychological knowledge in a manner that promotes societal well-being.

iCLA Diploma Policy	DP1／DP2／DP4

iCLA Diploma Policy

(DP1) To Value Knowledge – Having high oral and written communication skills to be able to both comprehend and transfer knowledge

(DP2) To Be Able to Adapt to a Changing World – Having critical, creative, problem-solving, intercultural skills, global and independent mindset to adopt to a changing world

(DP3) To Believe in Collaboration – Having a disposition to work effectively and inclusively in teams

(DP4) To Act from a Sense of Personal and Social Responsibility – Having good ethical and moral values to make positive impacts in the world

Active Learning Methods	Discussion, Debate／Group Work
More details/supplemental information on Active Learning Methods	All in-class activities.
Use of ICT	Not applicable
Contents of class preparation and review	Students are required to complete assigned readings and participate in reflective activities before and after class, following the specific instructions provided by the lecturers. **Hours expected to be spent preparing for class (hours per week):** 3 hours **Hours expected to be spent on class review (hours per week):** 3 hours
Feedback Methods	(1) Generic feedback after each written assessment. (2) Individual comment or advice will be given as requested.

Grading Criteria		
Grading Methods	Grading Weights	Grading Content
Weekly written assessment and class participation	30%	best 6 out of 11; the other 5 will be used to award bonus marks
Mid-term exam	30%	
Final exam	40%	

Required Textbook(s)	1. Lecture notes
Other Reading Materials/URL	2. Free e-book: Introduction to Psychology. https://open.umn.edu/opentextbooks/textbooks/48
Plagiarism Policy	Students are expected to abide by academic integrity and honesty, and any cheating during exams or other assessments will be considered a serious offense and will result in a zero for the assessment. Cheating includes, but is not limited to, sharing answers with other students, using unauthorized materials, and taking actions that disrupt the integrity of the exams.

Other Additional Notes (Outline crucial policies and info not mentioned above)	Not applicable.

(NOTE 2) Class schedule is subject to change

Class Schedule	
Class Number	Content
Class 1	(1)Course and assessment description; history and transition of modern psychology, questions in psychology
Class 2	(2)Research methods, quantitative vs qualitative
Class 3	(1)Stanford prison experiment and research ethics
Class 4	(2)Brain anatomy, action potential
Class 5	(1)Psychobiology
Class 6	(2)Perception I
Class 7	(1)Perception II
Class 8	(2)Perception III
Class 9	(1)Reward, punishment, conditioning
Class 10	(2)Class activity: Gorilla Training
Class 11	(1)Consciousness and subconscious I

Class 12	(2)Consciousness and subconscious I
Class 13	(1)Memory I 4 / 5
Class 14	(2)Memory II
Class 15	(1)Mid-term exam
Class 16	(2)Emotion and Motivation I
Class 17	(2)Emotion and Motivation II
Class 18	(2)Intelligence I
Class 19	(1)Intelligence II
Class 20	(2)Personality I
Class 21	(1) Personality II
Class 22	(2)Personality III
Class 23	(1) Developmental Psychology and Attachment Theory I
Class 24	(2)Developmental Psychology and Attachment Theory II
Class 25	(1) Developmental Psychology and Attachment Theory III

Class 26	(2) Abnormal Psychology Ⅰ
Class 27	(1) Abnormal psychology Ⅱ 5 / 5
Class 28	(2) Abnormal psychology Ⅲ
Class 29	(1) Social psychology Ⅰ
Class 30	(2) Social psychology Ⅱ