Department	International College of Liberal Arts		
Semester	Spring 2025	Year Offered (Odd/Even/Every Year)	Every Year
Course Number	ARTS/JPNA111		
Course Title	Calligraphy and Kanji Culture		
Prerequisites	None		
Course Instructor	REED William	Year Available (Grade Level)	1
Subject Area	Interdisciplinary Arts: Arts	Number of Credits	3
Class Style	Lecture	Language of instruction	English

(NOTE 1) Depending on the class size and the capacity of the facility, we may not be able to accommodate all students who wish to register for the course

	Class Size: Limited to 25 students
	This class size ensures enough space for each student to practice without feeling cramped and allows for personalized feedback. With more students, individual guidance would be significantly reduced.
	What is the Course About? Shodo (Japanese brush calligraphy) is an art that blends history, psychology, and physical skill. This course explores these elements through hands-on practice, reading aloud, and understanding English translations. Calligraphy requires hand-eye coordination, engaging the entire brain to enhance concentration, awareness, posture, and breathing. Learning Kanji strengthens memory, imagination, spatial awareness, and coordination.
	Throughout the course, you'll develop: Brush control for precise strokes Mindfulness & focus through repetition and rhythm Handwriting precision & artistic expression A deeper appreciation for Kanji culture and its connection to Chinese and Japanese traditions
	A deeper appreciation for kanji culture and its connection to offficese and Japanese traditions
	Who Can Join? No prior experience is required. Students in past semesters have demonstrated that dedication, time, feedback, and focused practice lead to remarkable improvement. Calligraphy is like playing an instrument-first comes accuracy, then expression. Like Classical Music or Jazz, it may seem challenging at first, but steady progress is achievable and rewarding. To create a relaxing and immersive learning atmosphere, Jazz music plays during class, which many students find to be a calming and enjoyable part of their day.
Course Description	What is the Course Structure? The course runs for 15 weeks (30 classes), with an expected 5 hours per week of practice outside of class.
	Class format includes:
	Short lectures & live demonstrations - covering brush techniques, mastery tips, and insights into calligraphy & Kanji culture. Arriving late means missing key instruction. Guided practice with feedback - improving technique through repetition.
	Online resources - access to master copies (Tehon), instructional videos, and brush mastery tips for review. However, these cannot replace inclass demonstrations and real-time feedback. Techniques for Kanji memorization - helping you study effectively.
	Mindfulness & health benefits - exploring the meditative aspects of calligraphy. Through consistent practice, students will refine their brush control, focus, spatial perception, line quality, and appreciation of Japanese culture, poetry, and nature.
	What Materials are Required? A materials package (5,500 yen) must be purchased during the first week. Please bring exact change. This price includes all required materials, and no discounts are available—even if you bring a substitute brush. Substitutes often lead to poor quality work. Used brushes from previous students are not recommended, as they tend to be worn out and difficult to control.
	Materials Provided: High-quality small brush (carefully selected for course standards)
	Materials Provided: High-quality small brush (carefully selected for course standards) Calligraphy paper & sumi ink
	Shared ink containers Shitajiki (Guideline paper for spacing)
	Designated notebook
	Master copies (Tehon) for guided practice Pencil
	Final projects must be completed using the provided brush and paper to maintain quality and consistency. What is the Course Content & Timeline?
	Each three-week block focuses on different aspects of calligraphy and Kanji culture: 1) 8-Character Poem in Three Scripts (Weeks 1-4)
	Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy
	2) IROHA Poem in Heian Kana Script (Weeks 5-8) Explore the origins and evolution of Hiragana
	Refine technique with Heian-era script writing 3) Haiku & Poetry Calligraphy (Weeks 9-12)
	Deepen appreciation for seasonal Japanese poetry Improve concentration and fine motor skills with detailed brushwork
	4) Kanji Culture & 30-Kanji Notebook (Weeks 13-14) Strengthen memory and recall through structured Kanji-writing methods
	Learn mnemonic techniques using color-coded illustrations 5) Final Paper & Research (Week 15) Write a final paper using the MLA-style template provided
	Continue refining calligraphy, revisiting and improving earlier work
	Final Submission & Expectations No final exam. All assignments must be submitted the day after the last class, before Finals Week. Refer to the syllabus for grading criteria, practice recommendations, and time management.
	Attendance and participation are essential for progress-dedication to in-class work and focused practice outside of class will lead to significant
	improvement. If you follow the structured guidance, engage in consistent practice, and actively seek feedback, you will achieve remarkable skill by the end of this course.

Class Size & Learning Environment Previously, the course had a 40-student cap due to high demand. Since the classroom only accommodates 25 students, the extra students used the Fuji Lounge. However, this setup reduced opportunities for individual feedback and personalized instruction. Now, the class size is now limited to 25 students to ensure better attention, feedback, and overall progress. Grade Expectations Some students had found it difficult to understand the criteria used for evaluating performance and skill in their calligraphy. There was sometimes a gap between the grade that a student thought was deserved, and the grade which they ended up receiving. The rubrics and grading criteria have been updated to make expectations clearer and easier to follow. These will be explained in the class at the beginning and end of each module, so that students can better evaluate their own progress, as well as what the criteria are for evaluating the grade. Some students found it difficult to know how to get feedback, or how to process the feedback into progress. The ways in which students can get feedback on their work, progress on the modules, and understanding of the criteria for grading is now made clear in the Rubrics. Why In-Person Attendance Matters This course is fully face-to-face, with ample time for practice and feedback. High attendance is essential, as classes are not recorded. Arriving late or missing class means missing crucial instructions, live demonstrations, feedback, and in-class practice opportunities. While I provide online video resources demonstrating brush techniques for review, in-person learning remains unmatched. Class plan based on course evaluation from previous academic vear Videos support learning, but:
In-person instruction provides direct feedback tailored to your work. Practicing alongside classmates fosters motivation and collaboration.
Using high-quality materials in a structured setting enhances skill development. Students learn by observing and coaching each other, strengthening both individual and group progress.
Developing brush calligraphy is a physical skill, much like playing an instrument or training in a sport. Consistent practice outside of class hours is essential for meaningful progress and mastery. Building a Community of Practice
Beyond mastering the fundamentals, students will also:
Share their work outside class to build confidence
Display projects for others to see, creating a sense of accomplishment
Engage in cooperative learning, supporting each other's artistic growth
By focusing on both individual improvement and group collaboration, this course offers a rich, immersive experience in Japanese brush calligraphy OREDENTIALS
I have over 50 years of experience in Brush Calligraphy and related traditional Japanese arts. My studies include Japanese Language, Aikido, and Shodo (Calligraphy), along with deep explorations of their historical and oultural significance. My current rankings include:
8th-dan in Aikido
10th-dan in Aikido
10th-dan in Shodo (Japanese Calligraphy)
2nd-dan in Islado (Art of Drawing the Sword)
Shihan (Master Instructor) rank in Manba Jutsu and WAGI (based on Kyogen theater)
1 have dedicated my life to the interconnected nature of traditional Japanese arts. Calligraphy has long been considered a vital discipline in martial training, often referenced in the phrase "Master of Sword and Letters." Currently, I serve as.

Vice-Chairman (designated by headquarters) of the Japan Calligraphy Education Association
Director of the Yamanashi Association for the Study of Samurai Signatures (formerly)
Member of the Japan Sports Agency's Budo Tourism Committee (served two years)
I have also been commissioned to create calligraphy artworks for Erinji Temple and Kawaguchiko Asama Shrine, both designated World Heritage Sites. MEDIA APPEARANCES peared in more than a dozen Samurai documentaries and national television broadcasts as a historical commentator and site navigator. My calligraphy has been featured in the title I have appeared in more pages of these programs Notable media engagements include:
Navigator for 8 NBW "Journeys in Japan" episodes, providing on-location insights into Japanese history and samural culture
Frequent guest on podcasts and nationally broadcast radio programs, discussing Japanese calligraphy and its cultural significance
Regular weekly commentator on Yamanashi Television for five years, often demonstrating calligraphy and explaining its role in Japanese culture
Columnist for Japanese and English publications, including a video series on "The Brush as the Swort he Mind," with one video exceeding I million views on YouTube Course related to the instructor's practical experience (Summary of PUBLICATIONS

I have authored multiple books, including:

I have authored multiple books, including:

Iwo books in English on Calligraphy (available in the YGU Library)

Two Papers on Calligraphy and Creativity for the Japan Creativity Society

Several books on Aikido from Japan Publications

Iwo bestselling books in Japanese on Presentation Skills and Mind Mapping

Regular contributor to Gekkam Hiden' and "Budo Japan." two of Japan's leading publications on calligraphy and samurai culture DEMONSTRATIONS & PERFORMANCES DEDIONSTRATIONS & PERFORMANCES

I have conducted public demonstrations of Calligraphy, Sword Arts, and Aikido at prestigious venues, including:
Solo calligraphy demonstration on the Kagura Stage at Asakusa Shrine (Tokyo)
Live calligraphy perforance at the historic Kyu Butokuden (Kyoto), on the grounds of the Heian Shrine
Stage collaboration at Nikkei Hall with a professional Bach violinist from Spain, integrating live calligraphy with music
Organizer of ISVEPreince Field trips for exchange students, featuring immersive experiences in Japanee culture
I have spent over five decades studying directly under top masters in these fields. One of my primary goals at ICLA is to develop effective methods for guiding beginners from over 40
foreign countries-many within op rior experience in calligraphy or Japanese culture—to achieve an excellent level of mastery within just 2 to 3 months. I am grateful to many students for their dedication in helping me make this dream come true.

Learning Goals and Skill Development in the Calligraphy and Kanji Culture Course Diploma Policy for Calligraphy and Kanii Culture DPF: Students will gain knowledge by learning the meanings behind the calligraphy they create. They will record this information in their Kanji Notebook and use it in their final paper. Sharing this knowledge through discussions and presentations will further enhance their understanding. DP2: Students are encouraged to develop critical and creative problem-solving skills by exploring the accessibility of Chinese and Japanese calligraphy. Even those with no prior experience can learn these scripts by working together and learning from each other. DP4: Students will develop a sense of personal and social responsibility by respecting ancient calligraphy traditions while also finding ways to express those meanings in a modern context. They will also be encouraged to care for their materials and supplies as they improve their skills in the craft. Critical Thinking Analyze literal and interpretative translations of Japanese and Chinese poetry, considering historical context and poetic license. Develop an objective and critical eye when comparing your copy to the master Tehon. Assess arguments in research readings regarding the cognitive benefits of handwriting, evaluating evidence and source credibility. Problem-Solving
Develop precise visual perception of Kanji, including character geometry, stroke shape, and spatial balance.
Use grids, guidelines, and measurement tools to align strokes correctly until accuracy becomes intuitive.
Master fine brush control through proper technique, rhythm, and eye-hand coordination, ensuring precision and finesse. Learning Goals Creative Thinking Connect meaning across reading, painting, and reciting poetry, developing multidimensional thinking.

Cultivate imagination by studying how strokes are formed and abbreviated across three major Kanji scripts and the Heiancho Kana.

Understand how creativity in calligraphy relates to artistic drawing, musical performance, and other fine arts. Intercultural Competence Learn to express ideas in the language and artistic style of a different culture and era. Share and compare Mastery Tips with students from diverse backgrounds, gaining global perspectives. Present original Kanji mnemonics and illustrations, showcasing individual interpretation and learning strategies. Oral Communication Demonstrate calligraphy through show-and-tell sessions.
Repeat coaching instructions and teach techniques to peers.
Discuss English translations of poetry, deepening cultural and linguistic understanding. Written Communication
The Final Paper includes:
Research and analysis of a topic from assigned readings, with proper citations.
Reflection on the cognitive and neurological benefits of calligraphy practice.
A glossary of essential terminology used in Shodo practice. Quantitative Reasoning Use visual alignment tools to develop spatial awareness and geometric accuracy in Kanji. Quantitative Reasoning
Use visual alignment tools to develop spatial awareness and geometric accuracy in Kanji.
Explore aesthetic principles in calligraphy, such as the Golden Ratio and Fibonacci sequence.
Reference neuroscientific research on brain engagement during calligraphy for the Final Paper Conclusion
This course not only teaches brush calligraphy but also enhances critical, creative, and analytical skills. Through hands-on practice, research, and reflection, students gain a deeper understanding of Japanese culture while developing lifelong skills in focus, discipline, and artistic expression.

iCLA Diploma Policy	DP1/DP2/DP4
ICLA Diploma Policy	UF 1 / UF 2 / UF 4

iCLA Diploma Policy

- (DP1) To Value Knowledge Having high oral and written communication skills to be able to both comprehend and transfer knowledge
- (DP2) To Be Able to Adapt to a Changing World Having critical, creative, problem-solving, intercultural skills, global and independent mindset to adopt to a changing world
- (DP3) To Believe in Collaboration Having a disposition to work effectively and inclusively in teams
- (DP4) To Act from a Sense of Personal and Social Responsibility Having good ethical and moral values to make positive impacts in the world

	Problem-Based Learning/Flipped Classroom/Discussion, Debate/Presentation/Workshop, Fieldwork
Active Learning Methods	
	This course emphasizes active learning through immersive, hands-on experiences that enhance both technical skill and cultural understanding.
	Calligraphy Painting requires deep focus and full mind-body engagement, which is reflected in the quality and expressiveness of the final work.
	Kanji Mnemonics use imagination, visual elements, and storytelling to reinforce key words and improve retention.
More details/supplemental information on Active Learning Methods	Readings, the Final Paper, and Class Discussions develop critical thinking while exploring the cultural and historical significance of calligraphy.
	The Seal-Carving Workshop provides students with a hands-on experience in creating hand-carved seals, adding a personalized element to their artistic practice.
	The GALA serves as a culminating event where students present their work to a broader audience, fostering confidence and appreciation for their progress.
	By integrating these interactive and experiential learning methods, students not only develop strong calligraphy skills but also gain a deeper understanding of Japanese culture and artistic tradition.

Use of ICT	This course integrates Information and Communication Technol learning and artistic perception. Video Analysis: Students review videos to refine brush techn Mathematical Foundations: Grids and Fibonacci overlays help AI-Assisted Research: Tools like ChatGPT support question re and Kanji culture. Traditional Methods: Hands-on practice enhances sensory awar experience beyond digital tools. Multimedia Learning: Photos and videos showcase techniques of Audio recordings help students experience the rhythm and audio students grant to the students of the st	iques, stroke speed, and rhy visualize geometry and propo finement, research skills, a eness and eye-hand coordinat lifficult to demonstrate in p litory aspects of calligraphy	orthm. ortional balance in and critical thinkition, offering a talescent.	characters. ng in calligraphy ctile learning
Contents of class preparation and review	mathematical, and cultural dimensions, refining both technic			
Feedback Methods	The course is structured into five modules, emphasizing call Feedback on progress is provided in several ways: 1) During the class individually while students practice, us expectations. 2) During the class where a group of students can watch anot learn. 3) Short Reflective writing assignments on lectures or in cl feedback. 4) The last class of each Module will be dedicated to Feedba delivery deadlines. * Feedback outside of class can be arranged by appointment was a second call.	ing examples and samples of ther student getting feedback ass experiences will be used ack and Review of the Module,	what is considered c, learning by watc d to help with enga their progress on	to meet hing how others gement and the Rubrics, and

Grading Criteria			
Grading Methods	Grading Weights	Grading Content	
8-Character Poem in 3 Scripts	20%	Learn to create accurate Tehon copies, read them aloud, and understand their translated meaning.	
IROHA Poem in Heian Kana Script	20%	Learn to create accurate Tehon copies, read them aloud, and understand their translated meaning.	
Haiku and Fine Brush Handwriting	20%	Learn to create accurate Tehon copies, read them aloud, and understand their translated meaning.	
Kanji Mnemonics Illustrations and Pen Practice Notebook	20%	Use designated notebooks for practice, 30-Kanji mnemonics, and illustrations following Heisig format	
Final Paper	20%	Rubrics, MLA template, cite references, knowledge from readings and reflections.	

	Master Tehon provides copies in all scripts and styles used in the course, including worksheets and master copies.
Required Textbook(s)	No textbook purchase is required-all necessary materials are provided as PDFs and online links.
	Additional original resources from the professor's own publications are included.
	Recommended readings are available in the YGU Library, offering ample study resources for deeper exploration.
	These materials ensure students have comprehensive guidance without extra costs.

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	Students have access to a variety of reserved books and academic papers in the YGU Library to support their learning:
	Books by the Professor
	Song of the Brush, Dance of the Ink (Morgan James Publishing) Shodo: The Art of Coordinating Mind, Body, and Brush (Japan Publications)
	Published Papers by the Professor (Japan Creativity Society) Shodo in the Digital Age Enhanced Creativity and Concentration in Mastery of Kanji by Foreign Students
Other Reading Materials/URL	
	Additional References in the Library
	Books on Japanese Ink Painting Collections of Haiku Poetry A Shodo Terminology Dictionary
	These resources provide valuable insights into calligraphy technique, creativity, and cultural context, enhancing both practice and academic understanding.
	In calligraphy, beginners copy from a Tehon (Master Copy), but do not trace it. Traced work will not be graded and may be considered plagiarism. Show your ability to paint freehand in class-this is key to developing real skill.
Plagiarism Policy	For research and idea development, you are encouraged to use ChatGPT and AI tools to ask better questions and gather insights. However, your writing must be original, reflecting your own thoughts and experiences.
	Always explain and justify your work. Simply copying AI-generated text will result in fewer points-or none at all. Your progress depends on genuine effort and personal engagement in both calligraphy and writing.
	Approach calligraphy with a beginner's mind-stay open to learning, follow guidance, use materials correctly, practice
	diligently, and apply feedback. In just two to three months, you'll see remarkable progress you can be proud of.
	However, effort alone does not guarantee a good grade. Both student and instructor must work hard to achieve great results.
Other Additional Notes	Calligraphy is unique—it is both Visual Art and Literature, engaging all the senses. Unlike pure text or imagery, it must be seen, read, and felt to be fully appreciated.
(Outline crucial policies and info not mentioned above)	Native Kanji users may find it easy to read but must retrain their eyes to see characters as artistic forms rather than words. Focusing on the Tehon helps overcome handwriting habits and reading biases. Students new to Kanji and Kana often develop keen visual accuracy. They should strengthen their painting skills while learning to read and understand their work.
	My goal is to help every student see, read, appreciate, and create beautiful calligraphy-painted by their own hand with skill and understanding.

(NOTE 2) Class schedule is subject to change

Class Schedule	
Class Number	Content
Class 1	1) 8-Character Poem in Three Scripts (Weeks 1-4) Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy Class 1: Course Overview, Format, Expectations In the first class we do an overview of the course, how everything is organized, what we will cover, and a Review of the Syllabus and Rubrics. There will also be an Introduction to the Resources available and materials required. This will help you anticipate what is required to participate in the course, as well as how grades are assessed. You will be expected to practice outside of class, and that will also accelerate your progress and improve your work.
Class 2	1) 8-Character Poem in Three Scripts (Weeks 1-4) Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy Class 2: Brush Handling and Control The Calligraphy Brush is difficult to control compared to writing instruments like a pencil or pen. It is very responsive to small hand movements, which helps in executing thin lines and stroke shapes. Like a musical instrument, it sings when you play it well, but tension and lapses in concentration also show in the strokes you write. In this class I will introduce and demonstrate brush mastery tips that will help you make rapid progress if you apply them.
Class 3	1) 8-Character Poem in Three Scripts (Weeks 1-4) Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy Class 3: How to Use the Tehon and Practice The Tehon is the Calligraphy that you copy and attempt to master. It is like a musical score, except that you produce writing instead of music. I will reach master tips on how to use and read the score, which involves both seeing and reading the meaning. Sometimes people who can read the characters go to fast to actually see them, and people who can read them at first often are able to see them better. This is interesting because it levels the playing field and if you practice correctly it is possible to make significant progress in the first month.

	1) 8-Character Poem in Three Scripts (Weeks 1-4) Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy
	Class 4: The Kaisho Script
Class 4	The first Tehon is an 8-character poem from the Thousand Character Classic, written in Three Scripts, each of which has different rhythms ways of forming the strokes. All three scripts are written side by side using a Shitajiki or guidelines to help you keep the characters properly aligned and proportional like the Tehon.
	Lecture and Demonstration on how to write the Kaisho Script, which can be compared to Classical Music, in that it is structured and somewhat architectural in appearance.
	1) 8-Character Poem in Three Scripts (Weeks 1-4) Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy
	Class 5: Writing in the Gyosho Script
Class 5	Lecture and Demonstration on how to write the Gyosho script, which is a semi-cursive version of the same characters, but the strokes are more fluid and sometimes connected rather than separated. While it is more fluid than Kaisho, it provides new challenges in how the brush is used.
	In each class we will do practice and have opportunities for feedback.
	1) 8-Character Poem in Three Scripts (Weeks 1-4) Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy
	Class 6: Writing in the Sousho Script
Class 6	Lecture and Demonstration on how to write the Sousho Script, which is fully cursive, but requires that you connect the strokes in a more fluid manner.
	In each class we will do practice and have opportunities for feedback.
	1) 8-Character Poem in Three Scripts (Weeks 1-4)
	Master balanced character formation through Chinese Literati poetry Develop clarity, rhythm, and control in brush calligraphy
	Class 7: The Thousand Character Classic and Mindfulness
Class 7	Lecture on the Ten Thousand Character Classic and Mindfulness in painting its poetry with a small brush.
	In each class we will do practice and have opportunities for feedback.
	1) 8-Character Poem in Three Scripts (Weeks 1-4) Master balanced character formation through Chinese Literati poetry
	Develop clarity, rhythm, and control in brush calligraphy
Class 8	Class 8: Feedback and Review
01466	In this class we take time for feedback and review of this module. You are still expected to keep practicing to complete you work required for this module.
	2) IROHA Poem in Heian Kana Script (Weeks 5-8)
	Explore the origins and evolution of Hiragana Refine technique with Heian-era script writing
	Class 1: The IIROHA Poem: Origins and Meaning
Class 9	Lecture on the Origin and Meaning of the IROHA Poem, and the differences in using the brush with the Heian-era Kana Script.
	Along with Mastery tips and demonstration, we will also begin practicing the script.
	2) IROHA Poem in Heian Kana Script (Weeks 5-8) Explore the origins and evolution of Hiragana
	Refine technique with Heian-era script writing
Class 10	Class 2: Brush Control with Kana
	Lecture and demonstration with Mastery Tips for using the Brush to write Kana. There will also be time for practice and feedback in each class of this module.
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	2) IROHA Poem in Heian Kana Script (Weeks 5-8)
	Explore the origins and evolution of Hiragana Refine technique with Heian-era script writing
	Class 3: Mastery Tips for Challenging Spots
Class 11	Some of the Kana pose special challenges, which I will highlight and demonstrate.
	There will also be time for practice and feedback in each class of this module.
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	2) IROHA Poem in Heian Kana Script (Weeks 5-8) Explore the origins and evolution of Hiragana Refine technique with Heian-era script writing
	Class 4: Renmen IROHA Kana in Cursive writing
Class 12	Lecture and demonstration on how same IROHA Kana are here connected in fluid cursive writing. This produces beautiful writing but also provides challenges in producing fluid lines
	There will also be time for practice and feedback in each class of this module.
	D) IDUIT Done in Heine Wene Conint (Works F.O.)
	2) IROHA Poem in Heian Kana Script (Weeks 5-8) Explore the origins and evolution of Hiragana Refine technique with Heian-era script writing
	Class 5: Origins of the Kana
Class 13	Lecture on the Origins of the Kana as highly cursive versions of Sousho, and how Kanji were adapted into Kanji, eventually becoming the Japanese syllabary, with its own phonetic pronunciation.
	There will also be time for practice and feedback in each class of this module.
	2) IROHA Poem in Heian Kana Script (Weeks 5-8)
	Explore the origins and evolution of Hiragana Refine technique with Heian-era script writing
	Class 6: IROHA Culture
Class 14	Lecture on how the IROHA and Kana entered and were influenced by the Japanese language and Culture.
	There will also be time for practice and feedback in each class of this module.
	2) IROHA Poem in Heian Kana Script (Weeks 5-8)
	Explore the origins and evolution of Hiragana Refine technique with Heian-era script writing
	Class 7: IROHA Brain Benefits
Class 15	Lecture on how painting the IROHA Poem can help balance and reset your autonomic nervous system, and why this helps you feel both concentration and stress relief. Readings will also be introduced on this subject.
	There will also be time for practice and feedback in each class of this module.
	2) IROHA Poem in Heian Kana Script (Weeks 5-8) Explore the origins and evolution of Hiragana
	Refine technique with Heian-era script writing
Class 16	Class 8: Feedback and Review In this class we take time for feedback and review of this module. You are still expected to keep practicing to complete you
0.400	work required for this module.
	3) Haiku & Poetry Calligraphy (Weeks 9-12)
	Deepen appreciation for seasonal Japanese poetry Improve concentration and fine motor skills with detailed brushwork
	Class 1: Haiku Tehon
Class 17	A Haiku Tehon will be introduced with Lecture and Demonstration on how the brush is used differently.
	There will also be time for practice and feedback in each class of this module.
	3) Haiku & Poetry Calligraphy (Weeks 9-12)
	Deepen appreciation for seasonal Japanese poetry Improve concentration and fine motor skills with detailed brushwork
	Class 2: Haiku Roots and Culture
Class 18	Lecture on Haiku Roots, characteristics, and culture, as well as how to appreciate Haiku as poetry and as rhythm.
	There will also be time for practice and feedback in each class of this module.
	3) Haiku & Poetry Calligraphy (Weeks 9-12)
	Deepen appreciation for seasonal Japanese poetry Improve concentration and fine motor skills with detailed brushwork
	Class 3: Haiku and Haiga
Class 19	Lecture and demonstration on Haiga, which is Haiku with imagery, or picture poems, that also have their own aesthetic principles.
	There will also be time for practice and feedback in each class of this module.

	3) Haiku & Poetry Calligraphy (Weeks 9-12) Deepen appreciation for seasonal Japanese poetry Improve concentration and fine motor skills with detailed brushwork
	Class 4: Haiku International
Class 20	Haiku is appreciated around the world in many languages. We will look at examples.
	There will also be time for practice and feedback in each class of this module.
	3) Haiku & Poetry Calligraphy (Weeks 9-12)
	Deepen appreciation for seasonal Japanese poetry Improve concentration and fine motor skills with detailed brushwork
	Class 5: Fine Brush Poetry Tehon
Class 21	The Tehon for fine line brush poetry is closer to handwriting, but still is calligraphy with the fine tip of the brush. I will demonstrate and introduce tips for how to use the brush in this kind of writing
	There will also be time for practice and feedback in each class of this module.
	3) Haiku & Poetry Calligraphy (Weeks 9-12) Deepen appreciation for seasonal Japanese poetry
	Improve concentration and fine motor skills with detailed brushwork
Class 22	Class 6: How Handwriting Reflects Personality Traits
01455 22	Lecture on how Handwriting reflects personality traits, and tips for auspicious handwriting. Readings also provided.
	There will also be time for practice and feedback in each class of this module.
	3) Haiku & Poetry Calligraphy (Weeks 9-12) Deepen appreciation for seasonal Japanese poetry
	Improve concentration and fine motor skills with detailed brushwork
Class 23	Class 7: Handwriting and Brain Health
01400 20	Lecture on the brain health benefits of handwriting, and the hidden costs of losing handwriting in our culture. Readings also provided
	There will also be time for practice and feedback in each class of this module.
	2) He the C Pertura Cell Limenton (Wester C 10)
	3) Haiku & Poetry Calligraphy (Weeks 9-12) Deepen appreciation for seasonal Japanese poetry Improve concentration and fine motor skills with detailed brushwork
	Class 8: Feedback and Review
Class 24	In this class we take time for feedback and review of this module. You are still expected to keep practicing to complete you
	work required for this module.
	4) Kanji Culture & 30-Kanji Notebook (Weeks 13-14)
	Strengthen memory and recall through structured Kanji-writing methods Learn mnemonic techniques using color-coded illustrations
	Class 1: Selecting Kanji and Kanji Levels
Class 25	How to select Kanji for your Kanji Notebook, and how to illustrate and diagram the Kanji for your Notebook
	4) Kanji Culture & 30-Kanji Notebook (Weeks 13-14) Strengthen memory and recall through structured Kanji-writing methods
	Learn mnemonic techniques using color-coded illustrations
01 26	Class 2: Heisig Method and Memory Mastery
Class 26	Lecture on and audio interview recordof of Dr James Heisig. How this remarkable system came to be developed by James Haisig, and grew into one of the major Kanji Memory Systems used around the world in remembering the Kanji.
	4) Kanji Culture & 30-Kanji Notebook (Weeks 13-14) Strengthen memory and recall through structured Kanji-writing methods
	Learn mnemonic techniques using color-coded illustrations
Class 27	Class 3: Kanji Notebook Rules and Rubrics How the Kanji Notebook should be written and how it will be evauated. Examples of excellent student Notebooks in previous
	semesters.

Class 28	4) Kanji Culture & 30-Kanji Notebook (Weeks 13-14) Strengthen memory and recall through structured Kanji-writing methods Learn mnemonic techniques using color-coded illustrations
	Class 4: Feedback and Review
	In this class we take time for feedback and review of this module. You are still expected to keep practicing to complete you work required for this module.
	5) Final Paper & Research (Week 15) Write a final paper using the MLA-style template provided Continue refining calligraphy, revisiting and improving earlier work
	Class 1: Final Paper Rubrics
	Rules for the Final Paper, Research Resources Online and in the YGU Library.
	5) Final Paper & Research (Week 15)
	Write a final paper using the MLA-style template provided Continue refining calligraphy, revisiting and improving earlier work
	Class 2: Feedback and Review
	Deadline and Submissions.